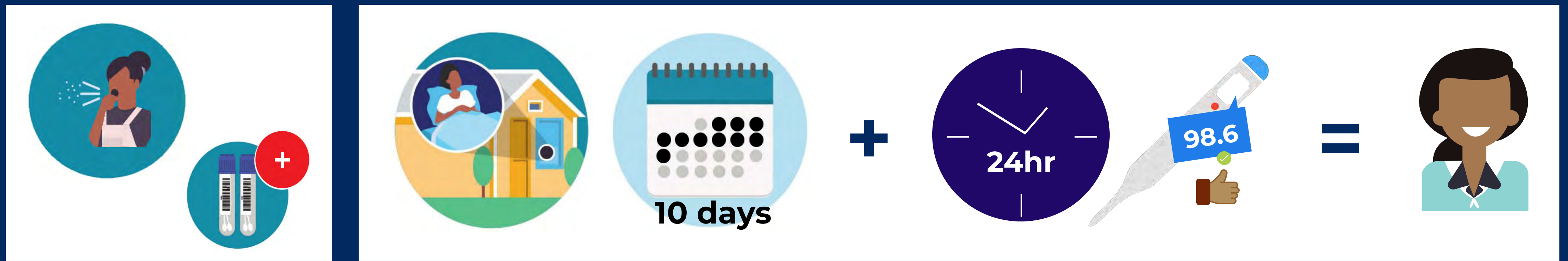


# How Long Do I Need to Stay in COVID-19 Isolation or Quarantine?

If you are **SICK** and **TEST POSITIVE** for COVID-19:  
Stay home for 10 days AND at least 24 hours with no fever and you feel better.



If you are **SICK** and **TEST NEGATIVE** for COVID-19:  
Stay home for 24 hours or until your symptoms go away and you feel better.



If you are **NOT SICK** and **TEST POSITIVE** for COVID-19:  
Stay home for 10 days after getting tested.



If you are **NOT SICK** but had **CLOSE CONTACT** with a COVID-19 case  
OR have **TRAVELED** to an area with high levels of COVID-19: Stay home for 14 days.



If you are **NOT SICK** but **LIVE WITH SOMEONE** who has COVID-19: Stay home and away from the sick person for 14 days. If you are caring for someone with COVID-19, or if the sick person cannot be separated from others at home, you should stay home while the sick person is home (at least 10 days) plus 14 more days.

